



## Worksheet 2: Time Zone Challenges

**Title:** *Time Travel... Without a Rocket!*

**Instructions:** Read each scenario and calculate time zone differences. Remember: **East is ahead, West is behind.**



### Questions:

1. You live in **New York (EST)**. Your aunt lives in **California (PST)**. If it's **3:00 PM** for you, what time is it for her? \_\_\_\_\_
2. A Zoom call is at **2:00 PM CST**. You live in **Florida (EST)**.  
→ What time should you log in? \_\_\_\_\_
3. You fly from **Chicago (CST)** at **6:00 AM** and land in **London (GMT)** after a **9-hour flight**.  
→ What time is it in London when you land? \_\_\_\_\_
4. Grandma lives in **Arizona (MST)**. You want to call her at **5:00 PM your time in Boston (EST)**.  
→ What time will she get the call? \_\_\_\_\_  
→ Will she be eating dinner or still working? \_\_\_\_\_
5. A friend texts you from **Tokyo (JST)** at **7:00 PM** their time. You're in **California (PST)**.  
→ What time is it where you are? \_\_\_\_\_